

## Areas of Expertise

- Leadership Development
- Strategy
- Confidence
- Diversity & Inclusion
- Workplace Flexibility
- Mindset as a leadership imperative
- Creativity in Leadership
- HR Operations
- Workplace Relations
- Communication & Change

## Industry Experience

- Retail
- Superannuation
- Pharmaceutical & Med Tech
- Consulting
- Digital Marketing
- Arts
- Small online start ups

## Professional/Corporate Experience

- General Manager – HR Operations, Super Retail Group
- Head of HR for Small Stores – Target Australia
- Principal Consultant - HRI

## Education

- Postgraduate Degree - Industrial Relations and HR Management
- Postgraduate in Visual Arts
- Bachelor of Arts in Fine Arts

## Certifications and Training

- Hogan360
- HoganHPTA
- LSI
- DiSC
- NLP

## Levels Coached

- Senior Management
- Middle Management
- New Leaders

Rise & Shine

Coaching Creatively

## Amanda van Gils

Business and Leadership Coach



Amanda is a passionate and pragmatic Coach to those who seek guidance, accountability, and support on their journey toward realising their full potential.

With over 25 years of experience in HR consulting and corporate roles, Amanda has experience leading large-scale projects, cross-functional projects and implementing change, all while building trust and influence.

Understanding that competent and confident leaders determine the well-being of any organisation, Amanda embraces a coaching style that incorporates Mindset, Skillset and Toolset, so that leaders are supported to develop in the areas they need to succeed in their roles.

Amanda is well versed in business operations and understands the challenges faced by leaders. She has provided effective advice and counsel for leaders looking to improve their communication, confidence, impact, effectiveness, productivity and self-leadership.

For two decades Amanda has managed successful multi-discipline careers in Corporate, HR Consulting and the Visual Arts. In addition to leadership coaching, Amanda runs an online business coaching visual artists in business skills and manages a career as a professional exhibiting artist. This unusual combination of experiences has provided her with a rare skill set and unique insight into navigating the world of work where flexibility, work/life balance, purpose, passion and results all co-exist

Gallup top 5: Relator, Input, Strategic, Ideation, Achiever

MBTI: ENTP | DiSC: DI